

“The funding has helped us alleviate social isolation, encourage new friendships, renew old friendships and promote social activities with the tenants.”

**Linda Grout**  
Friend of Abbeyfield House

## Friends of Abbeyfield Esk Moors Lodge



### Project:

Games and Gossip Project

### Subject:

Health, well-being and sports

### Location:

Castleton, North Yorkshire

### Date of award:

January 2018

### Overview:

£1,000 was awarded to the group to tackle social isolation among older people in the upper Esk Valley by expanding its offering at Abbeyfield House in Castleton.

The funding has been successfully used to pay for a number of games afternoons, coffee mornings and lunch and afternoon tea events, including refreshments, lunches and transport to the house, all of which have been attended by new members.